

We are Not Our Own: Our Relationships and Friendships

Friendship and Relationship “CHECKS”

Choose: Make a Decision

John 1:14

Proverbs 13:20

Humility and Honesty: No Competition

Matthew 11:29

Enourage: Be Positive People

Colossians 4:6

Care: Think Beyond Ourselves

Romans 12:15

Kindness: Make Others Better

Galatians 5:22-23

Proverbs 27:2

Passion, pride, and prejudice

Support: Always Be Willing to Help

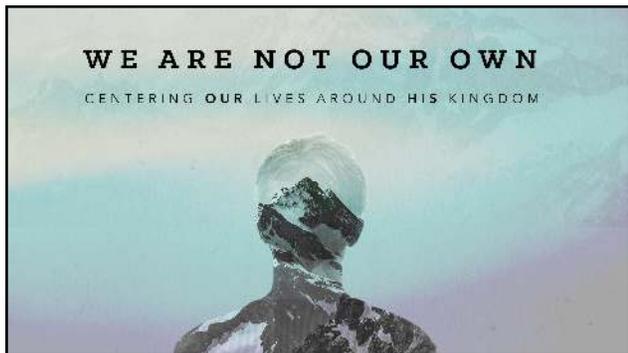
Proverbs 18:24

Personal Application

1. Let's remember our society's mores, values, and practices.
2. Let's be honest with who we are, how we were reared, and its effects.
3. How are we doing with the truth and grace principle?
4. Evaluate our friendships and relationships.

Questions for Discussion and Further Reflection

1. Who am I? How do others in my life impact me? How do I impact them?
2. Evaluate yourself on this gauge of personal humility: How high is your need to impress others?
3. When anyone expresses a different point of view from us, what can we do to engage in productive dialogue rather than let the conversation degrade to the level of personal attacks?
4. How large is your heart in terms of caring for other people? How do you express your care for others?
5. Pastor John states that we live in a mean-spirited society. What are you doing or can you do to express kindness and show others that you genuinely care about them?



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Jesus was "full of grace and truth."
John 1:14

**Friendship & Relationship
"CHECKS"**

Choose: Make a Decision
Jesus was "full of grace and truth."
John 1:14
"Walk with the wise & become wise; a companion of fools suffers harm."
Proverbs 13:20

Choose: Make a Decision

**Humility & Honesty:
No Competition**

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"I am gentle and humble in heart..."
Matthew 11:29

Encourage: Be Positive People

"90% of helping is just showing up."
Dr. Jim Kok

Humility & Honesty: No Competition

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Talents, values and differences...
accept one another

Encourage: Be Positive People

"90% of helping is just showing up."
Dr. Jim Kok

"More help is given by friends than by
pastors or counselors." *Dr. Gary Collins*

Encourage: Be Positive People

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grace, seasoned with salt, so that you may
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Colossians 4:6

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Colossians 4:6

Dr. James Wetherbe,
"So, What's Your Point?"

Care: Think Beyond Ourselves

"Rejoice with those who rejoice and weep with those who weep." *Romans 12:15*

How large are our hearts?

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How large are our hearts?

Life is not always easy.

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"The fruit of the Spirit is...kindness, goodness..." *Galatians 5:22-23*

Support: Always Be Willing To Help

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"The fruit of the Spirit is...kindness, goodness..." *Galatians 5:22-23*

"Let someone else praise you and not your own mouth..." *Proverbs 27:2*

Support: Always Be Willing To Help

"One who has unreliable friends soon comes to ruin, but there is a friend that sticks closer than a brother."
Proverbs 18:24

Kindness: Make Others Better

"The fruit of the Spirit is...kindness, goodness..." *Galatians 5:22-23*

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Passion, pride and prejudice

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Free PDF copies of "Achieving High Performance Friendship" available on our website under the "Grow" section at bbcphx.org/grow towards the bottom of the page.

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